



Access to Mindstretch with one account



As of the new release of the Mindstretch app, you only need one account for both your Fitbit app and your Mindstretch app.

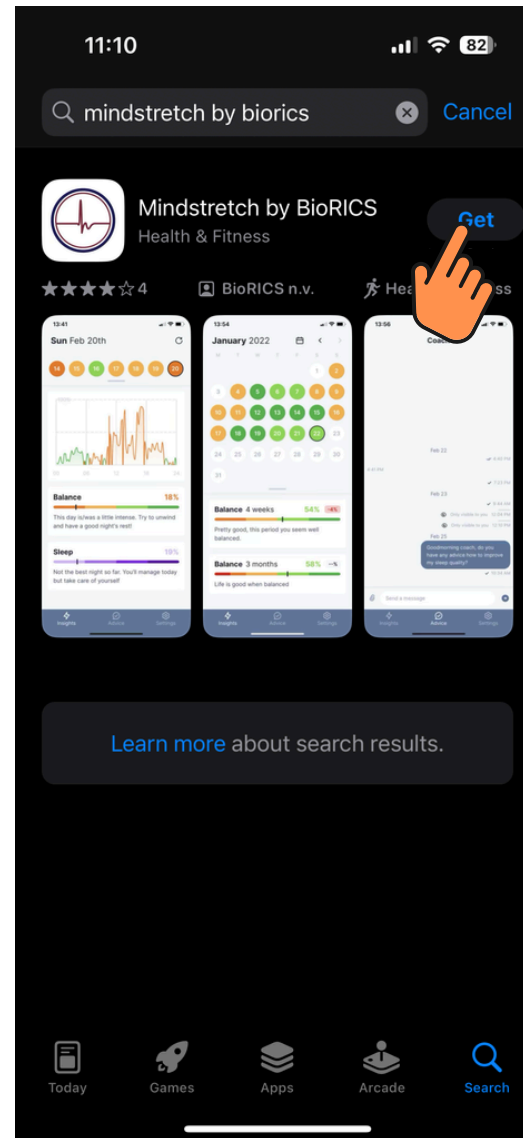
For existing users, in order to be able to continue monitoring, it is important to carry out one action first. It's not very difficult. This guide explains what you need to do in three steps.

- 1** Download the latest version of Mindstretch from the App Store or Google Play Store, if this has not already been done automatically.
- 2** Log back into the Mindstretch app by pressing the Fitbit/Google button.

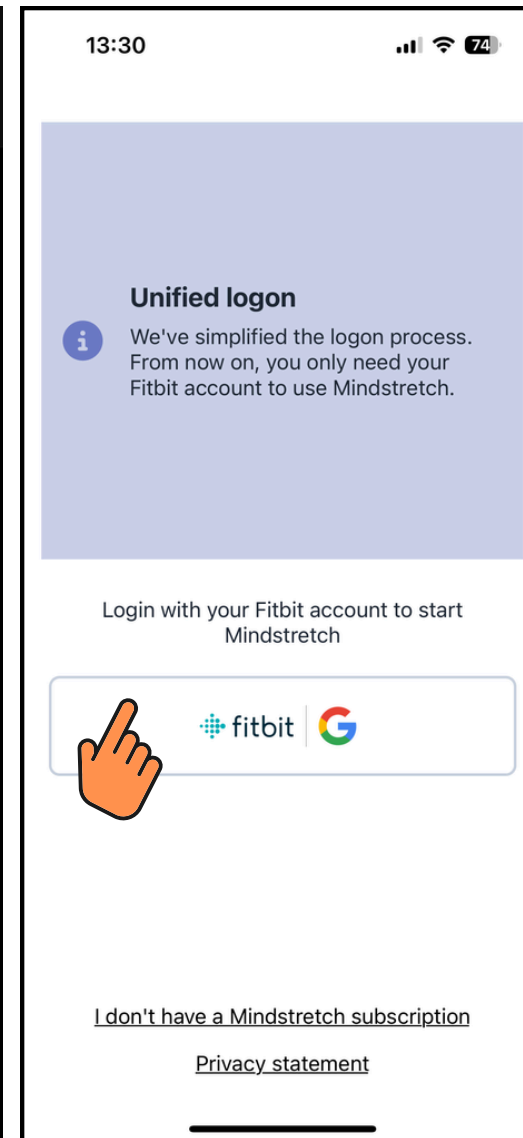
If you still have a Fitbit account, enter your Fitbit login details here. If you already have a Google account, choose 'Continue with Google'.
- 3** Give Fitbit permission to allow Mindstretch to use your profile to log into Mindstretch from now on.

Note: select the Fitbit or Google account you have used before to connect Mindstretch with the Fitbit app and the Fitbit tracker.

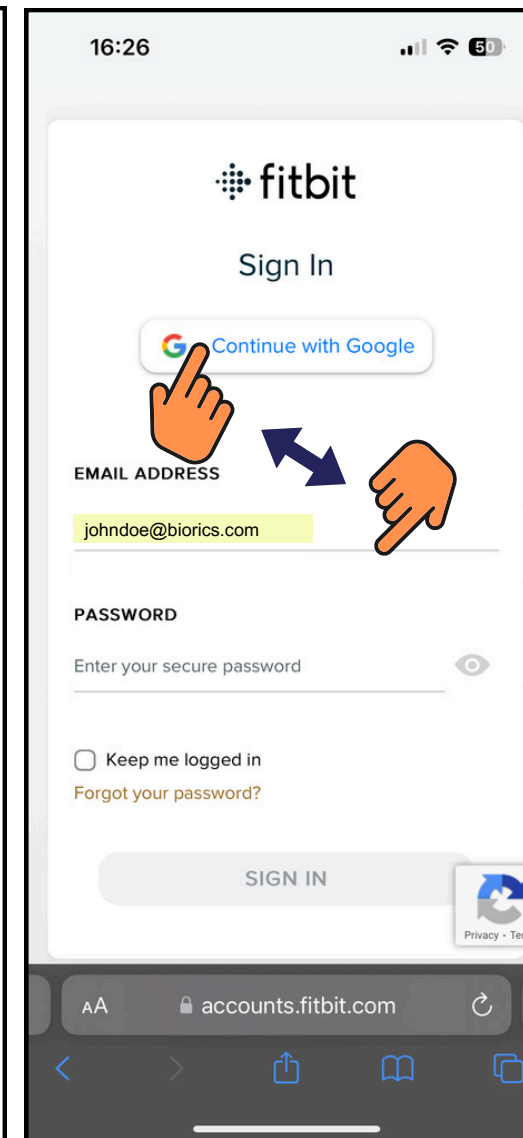
1



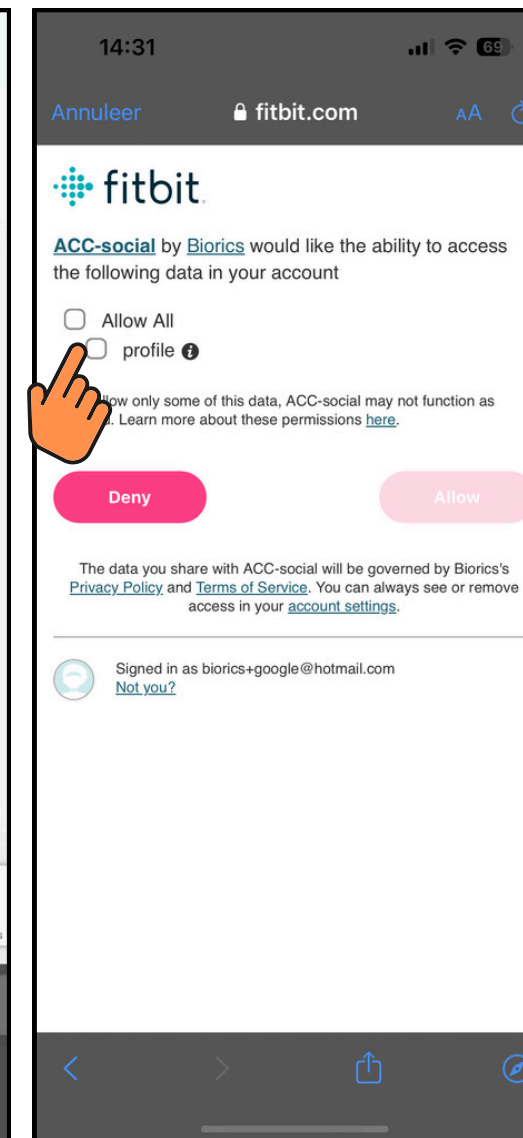
2



2



3





Access to Mindstretch with one account: Frequently Asked Questions



BioRICS replaces the Mindstretch account with the Fitbit/Google account. Below you will find a number of frequently asked questions and their answers.

Question: Why is BioRICS switching to the use of a single account?

Answer: With the introduction of a single account, BioRICS aims to make the use of Mindstretch more user-friendly. You now only need to remember one set of login details.

Question: Do I now need to use a Fitbit or Google account, and what is the difference?

Answer: With Google's acquisition of Fitbit, new Fitbit users need to have or create a Google account if they want to work with Fitbit. Existing Fitbit accounts will continue to be valid and supported at least until early 2025.

Ultimately, there will be no difference between the Fitbit and Google accounts, and your Fitbit data will henceforth be linked to your Google account.

Question: What does Google do with my Fitbit data?

Answer: Although Google has acquired Fitbit and the Fitbit account is being replaced by the Google account, Google has promised the EU that the data in both accounts will not be combined without your permission.